

## The Highly Sensitive Child

Sensitivity is not a discipline issue, or a special need, or a problem in general. It is actually a valuable temperament trait that needs to be better understood. Strong-willed and demanding, intuitive and empathetic, these are some of the intense behaviors that can describe a highly sensitive child.

This workshop offers insights into the behaviors of children who become easily overwhelmed by certain situations or sensations. Discussion will include strategies for helping parents gain skills to deal with the challenges of raising a sensitive child and help sensitive children develop self-control and build a positive self-concept.

For more information:

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